

A SOUND & BEGINNING™

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Can You Handle It?

After you've had your dog for a few days you should begin to add some simple handling and grooming routines. Much of this is dependent upon the breed of your dog. Some breeds just need more maintenance to keep their coats healthy, but regardless you still want the experience to be positive when cleaning ears, trimming nails, or going to the vet.

To accomplish this:

- Touch your dog's paws, ears, tail, etc.
- For every touch, your dog should earn a treat.

You are teaching your dog that human hands and their touch is always good!

Playing the **sound therapy CD** during this bonding exercise will benefit both you and your dog.

What a nice relaxing way to spend time with your dog.

REMEMBER THESE IMPORTANT TIPS

- LET YOUR DOG CHOOSE TO COME TO YOU TO BEGIN THIS EXERCISE.
- MONITOR STRESS / CANINE COMMUNICATION SIGNALS.
- CONTACT YOUR INSTRUCTOR IF YOU HAVE ANY CONCERNS ABOUT YOUR DOG'S COMFORT LEVEL.
- QUIT WHILE YOU'RE AHEAD --- LESS IS BETTER IN THIS KIND OF EXERCISE

For more info, refer to **Day 3** from the book, ***“Adopting a Dog? Start off right with....A Sound Beginning”***